

MAY 2021 WEEKDAY GRAB AND GO MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3 Hamburger on a roll Seasoned greens Sweet potato wedges Fresh plum or orange	4 Flounder with lemon & parsley Macaroni & cheese Stewed tomatoes Mixed fruit cup Chocolate chip muffin	5 Grilled chicken with marinara sauce and mozzarella cheese over penne pasta Italian blend vegetables Apple sauce - dinner roll	6 Turkey & mozzarella on ciabatta bread with balsamic dressing, lettuce, & tomato Red skin potato salad with egg Chocolate fudge pudding
10 BBQ chicken Roasted baby bakers Baked beans Peach cup Strawberry waffle cookie	11 Ham & Swiss on club roll with lettuce, tomato, & onion Coleslaw Pineapple tidbits	12 Meat lasagna Marinara sauce Italian blend vegetables Wheat dinner roll Cookie	13 Cheese omelette & sausage Broccoli spears Diced red potatoes with peppers & onion Orange - Blueberry muffin
17 Pulled pork au jus Mashed potatoes Caribbean blend vegetables Apple Cornbread loaf	18 Chicken salad platter Lettuce & tomato Marinated vegetable salad Ambrosia Whole grain saltines	19 Meatball sub on club roll with mozzarella cheese Carrots Poached pear half	20 Italian hoagie on white sub roll with shredded lettuce & tomato Pineapple tidbits Cucumber salad
24 Salisbury steak with gravy Baby lima beans Carrots Pear cup Potato bread slice	25 Fire braised chicken with Swiss cheese and caramelized onions on ciabatta bread Sweet potato puffs Tropical fruit cup	26 Pot roast au jus Roasted baby bakers Cooked cabbage Pineapple tidbits Giant graham fish	27 Tuna salad on Kaiser roll Lettuce & tomato Marinated bean salad Orangecicle parfait
31 MID-COUNTY CLOSED FOR MEMORIAL DAY	1 Grilled chicken breast Green peas Carrots Blueberry muffin Peach cup - Yogurt	2 Stuffed pepper in marinara sauce Mashed potatoes Green beans White wheat bread slice Fresh plum or apple	3 Crab cake on brioche bun Stewed tomatoes Corn Mixed fruit cup

MAY 2021 WEEKEND BAG SUPPER MENU

FRIDAY	SATURDAY	SUNDAY
7 Pot roast au jus Roasted baby bakers California blend veggies Split top dinner roll Strawberry banana yogurt - Banana	8 Tuna salad on club roll with lettuce & tomato Marinated vegetable salad Orange or banana	9 Turkey & Swiss on white wheat bread with lettuce & tomato Red skin potato salad Mixed fruit cup Yogurt
14 Turkey with gravy Sweet potatoes Green beans 12 grain bread slice Yogurt - Cranberry sauce	15 Grilled chicken patty on wheat hamburger roll with lettuce & tomato Carrot raisin pineapple salad Rice pudding	16 Tuna salad on club roll with lettuce & tomato Marinated vegetable salad Orange or banana
21 Oven fried chicken Mashed potatoes with gravy Seasoned greens Fresh peach or orange	22 Egg salad on white wheat bread Lettuce & tomato Peaches Chocolate pudding	23 Grilled chicken patty on wheat hamburger roll with lettuce & tomato Carrot raisin pineapple salad Rice pudding
28 Chicken drumsticks Sweet potatoes Broccoli spears Applesauce cup Apple waffle cookie	29 Chicken salad on pita bread Marinated bean salad Pear or apple Yogurt	30 Roast beef with cheddar cheese on 12 grain bread Coleslaw Banana or orange