

# SEPTEMBER 2022 WEEKDAY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Meatball Sub with Mozzarella Cheese Mixed Salad with Tomato, Onion, & Green Peppers Pear Halves	<b>2</b> Oven Fried Chicken Mashed Potatoes with Gravy Seasoned Greens Fresh Peach or Orange
<b>5</b> MID-COUNTY CLOSED FOR LABOR DAY	<b>6</b> Fire Braised Chicken with Swiss Cheese & Caramelized Onions on Ciabatta Bread Sweet Potato Puffs Tropical Fruit	<b>7</b> Stuffed Pepper in Marinara Sauce Mashed Potatoes Green Beans White Wheat Bread Fresh Plum or Apple	<b>8</b> Tuna Salad on Kaiser Roll with Lettuce & Tomato Tomato Vegetable Soup Orangeicle Parfait Crackers	<b>9</b> Chicken Drumsticks Sweet Potatoes Broccoli Spears Applesauce Apple Waffle Cookie 
<b>12</b> Meatloaf with Gravy Corn Nuggets Spinach Pineapple Tidbits	<b>13</b> Chicken Salad on Croissant with Lettuce & Tomato Fresh Fruit Rainbow Sherbet 	<b>14</b> Pot Roast in Au Jus Roasted Baby Bakers Cooked Cabbage Pineapple Tidbits Giant Graham Fish	<b>15</b> Crab Cake on Brioche Bun Stewed Tomatoes Corn Fruit Cocktail Tartar Sauce	<b>16</b> Grilled Chicken Mashed Potatoes Brussels Sprouts Sliced Banana in Orange Juice Strawberry Waffle Cookie
<b>19</b> Cheeseburger on Bun with Lettuce, Tomato & Onion Sweet Potato Wedges Fresh Plum / Orange Ketchup	<b>20</b> Flounder with Lemon Parsley Sauce Macaroni & Cheese Stewed Tomatoes Fruit Cocktail Chocolate Chip Muffin	<b>21</b> Grilled Chicken in Marinara & Mozzarella over Penne Pasta Italian Blend Veggies Applesauce Dinner Roll	<b>22</b> Turkey & Mozzarella on Ciabatta with Balsamic Dressing Potato Soup with Bacon Chocolate Fudge Pudding Crackers	<b>23</b> Pot Roast Au Jus Roasted Baby Bakers California Blend Veggies Dinner Roll Strawberry Banana Yogurt Sundae
<b>26</b> Cheese Ravioli in Meat Sauce Mixed Salad with Tomato & Onion Apple Crisp 	<b>27</b> Ham & Swiss on Roll with Lettuce, Tomato, & Onion Coleslaw Pineapple Tidbits Mustard	<b>28</b> BBQ Chicken Red Skin Potato Salad with Egg Baked Beans Diced Peaches Strawberry Waffle Cookie	<b>29</b> Battered Pollock Filet Broccoli Diced Potatoes with Peppers & Onion Cantaloupe / Orange Blueberry Muffin Tartar Sauce	<b>30</b> Turkey with Gravy Sweet Potatoes Green Beans 12 Grain Bread Yogurt Cranberry Sauce

- Our meals are ordered in advance. You must call or sign up for lunch by noon the day before.
- Your signature is REQUIRED in the City Fare sign in book located on Lori's desk. City Fare requires us to authenticate each meal provided to ensure accuracy of distribution. Thank you!