

# NOVEMBER 2022 WEEKDAY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>31</b> Herb Baked Chicken Roasted Baby Bakers Italian Beans Chocolate Bread 	<b>1</b> Meatballs in Marinara over Penne Pasta Mixed Salad with Onion & Tomato Applesauce Ultimate Grain Bread	<b>2</b> Fire Braised Chicken Stew Mixed Salad with Onion & Tomato Peach Cobbler Ultimate Grain Honey Bread	<b>3</b> Ham & Swiss on a Roll with Lettuce, Tomato & Onion Orange Cream of Broccoli Soup Crackers	<b>4</b> Salisbury Steak with Gravy Mashed Potatoes Spinach Diced Pears Cornbread Loaf
<b>7</b> Seafood Crab Cake Corn Baby Lima Beans Fruit Cocktail White Wheat Bread Tartar Sauce	<b>8</b> Stuffed Pepper with Marinara Sauce Mashed Potatoes Cooked Apples 12 Grain Bread	<b>9 (special lunch)</b> Roast Turkey Bread Stuffing Sweet Potatoes Cranberry Sauce Dinner Roll Green Bean Almondine Pumpkin Pie	<b>10</b> BBQ Chicken Baked Beans Seasoned Greens Yogurt Cornbread	<b>11</b> Beef Burgundy over Egg Noodles Key West Veggies Orange 12 Grain Bread 
<b>14</b> Salmon with Lemon Dill Sauce Baked Potato Broccoli White Wheat Bread Rice Pudding Sour Cream	<b>15</b> Turkey with Gravy Baked Sweet Potato Nantucket Blend Veggies Fresh Apple White Wheat Bread Cranberry Sauce	<b>16</b> Oven Fried Chicken Mashed Potatoes with Gravy Green Beans Tropical Fruit	<b>17</b> Hamburger with Cheddar on Hamburger Bun Lettuce & Tomato Diced Pears Minestrone Soup Crackers	<b>18</b> Curry Coconut Chicken Brown Rice Capri Blend Veggies Pineapples Giant Graham Fish
<b>21</b> Swedish Meatballs over Egg Noodles California Blend Veggies 12 Grain Bread Tropical Fruit	<b>22</b> Chicken & Dumplings Scandinavian Blend Veggies Diced Peaches Yogurt	<b>23</b> Pot Roast with Gravy Baked Potato Crinkle Cut Carrots Applesauce Dinner Roll Sour Cream	<b>24</b> CLOSED FOR THANKSGIVING	<b>25</b> CLOSED FOR THANKSGIVING
<b>28</b> Broccoli Stuffed Chicken with Gravy Peas & Pearl Onions Crinkle Cut Carrots Strawberry Waffle Cookie	<b>29</b> Stuffed Salmon Roasted Baby Bakers Winter Blend Veggies Diced Pears Chocolate Pudding 	<b>30</b> Meatloaf with Marsala Mushroom Gravy Macaroni & Cheese Brussels Sprouts Applesauce Dinner Roll	<b>Menu subject to change!</b> 	

- Our meals are ordered in advance. You must call or sign up for lunch by noon the day before.
- Your signature is REQUIRED in the City Fare sign in book located on Lori's desk. City Fare requires us to authenticate each meal provided to ensure accuracy of distribution. Thank you!