

JANUARY 2024 LUNCH MENU

13

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED 	2 Meatloaf with Mushroom Gravy Macaroni & Cheese Brussels Sprouts Applesauce Dinner Roll	3 Chili with Mozzarella Cheese Baked Potato Corn Muffin Orange Sour Cream	4 Chicken Patty with American Cheese & Pickles on Bun Seasoned Greens French Fries Fresh Apple	5 Cheese Pizza Salad with Tomatoes, Carrots and Garbanzo Beans Chocolate Ice Cream
8 Orange Glazed Chicken Brown Rice Succotash Chocolate Chip Muffin Top	9 Spaghetti & Meatballs Mixed Salad with Cucumber & Tomato Applesauce Twelve Grain Bread	10 Chicken & Dumplings Scandinavian Blend Vegetables Diced Pears Yogurt	11 Ham & Swiss on Roll Lettuce, Tomato, & Onion Orange Cream of Broccoli Soup 	12 Salisbury Steak with Gravy Baby Baked Potatoes Stewed Zucchini Mandarin Oranges Corn Muffin
15 CLOSED 	16 Stuffed Pepper with Marinara Sauce Mashed Potatoes Cooked Apples 12 Grain Bread	17 Chicken Cordon Bleu Mashed Potatoes with Gravy Cherry Graham Tart With Whipped Cream Broccoli	18 Turkey & Swiss on a Roll with Lettuce, Tomato, & Onion Diced Peaches Cream of Potato Soup with Bacon Crackers	19 Calzone with Turkey Pepperoni and Turkey Sausage Marinara Sauce Capri Blend Vegetables Mixed Fruit
22 Salmon Filet with Lemon Dill Sauce Baked Potato with Sour Cream Cauliflower White Wheat Bread Pudding	23 Oven Fried Chicken Mashed Potatoes with Gravy Peas & Carrots Tropical Fruit	24 Turkey with Gravy Baked Sweet Potato Nantucket Blend Vegetables Fresh Apple Dinner Roll Cranberry Sauce	25 Cheeseburger on Bun Lettuce & Tomato French Fries Diced Pears Minestrone Soup	26 Chicken & Vegetable Stir Fry Brown Rice Pineapples Apple Bear Cookie
29 Swedish Meatballs Over Egg Noodles Capri Blend Vegetables 12 Grain Bread Tropical Fruit	30 Ham with Pineapple Mashed Potatoes Baby Carrots Croissant 	31 (birthday lunch) Pot Roast with Gravy Baked Potato with Sour Cream Lima Beans Applesauce Dinner Roll	1 Baked White Fish Macaroni & Cheese Stewed Tomatoes Yogurt Diced Peaches	2 Beef Goulash over Elbow Macaroni Green Beans Peach Cobbler Dinner Roll

- Lunch is \$2.25 for those over 60. Special lunches are \$3.00 for those over 60.

- Our meals are ordered in advance. Because of this, the amount of food we have for any given day is based precisely on how many members sign up to eat. You must call or sign up for lunch in person by 11 a.m. the day before. For example, if you want to eat with us on a Wednesday, you have to be signed up by 11 a.m. on Tuesday.

- Your signature is REQUIRED in the City Fare sign in book located on Lori's desk. City Fare requires us to authenticate each meal provided to ensure accuracy of distribution.