


FEBRUARY 2024 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Baked White Fish Macaroni & Cheese Stewed Tomatoes Yogurt Diced Peaches	2 Beef Goulash over Elbow Macaroni Green Beans Peach Cobbler Dinner Roll
5 Broccoli Stuffed Chicken Peas & Pearl Onions Carrots Strawberry Waffle Cookie Mixed Fruit	6 Pot Roast with Gravy Baked Potato with Sour Cream Lima Beans Applesauce Dinner Roll	7 Meatloaf with Mushroom Gravy Macaroni & Cheese Brussels Sprouts Applesauce Dinner Roll 	8 Breaded Chicken Patty with Cheese & Pickles on a Bun Seasoned Greens French Fries Fresh Apple Ketchup	9 Chili with Mozzarella Cheese Baked Potato Corn Muffin Orange Sour Cream 
12 Orange Glazed Chicken Brown Rice Succotash Chocolate Chip Muffin Top	13 Chicken Gumbo Creole Style Beans Tropical Fruit Salad Wheat Roll Mardi Gras Cupcake	14 (special lunch) Vegetable Lasagna with Blush Sauce Mixed Salad with Cucumber & Tomato Italian Ice Wheat Roll	15 Calzone with Turkey Pepperoni and Turkey Sausage Marinara Sauce Capri Blend Vegetables Mixed Fruit	16 Cheese Ravioli in Marinara Sauce Italian Blend Vegetables Apple Crisp 12 Grain Bread Slice
19 CLOSED 	20 Stuffed Pepper with Marinara Sauce Mashed Potatoes Cooked Apples 12 Grain Bread	21 (birthday lunch) BBQ Chicken Breast Baked Beans Green Beans Yogurt Corn Muffin	22 Turkey & Swiss on a Roll with Lettuce, Tomato, & Onion Diced Peaches Cream of Potato Soup with Bacon	23 Breaded Flounder Corn Baby Carrots Mixed Fruit Dinner Roll Tartar Sauce
26 Chicken & Vegetable Stir Fry Brown Rice Pineapples Apple Bear Cookie	27 Oven Fried Chicken Mashed Potatoes with Gravy Peas & Carrots Tropical Fruit	28 Turkey with Gravy Baked Sweet Potato Nantucket Blend Vegetables Fresh Apple Dinner Roll Cranberry Sauce	29 Cheeseburger on Bun with Lettuce & Tomato French Fries Diced Pears Minestrone Soup	1 Salmon with Lemon Dill Sauce Baked Potato with Sour Cream Cauliflower White Wheat Bread Pudding

- Lunch is \$2.25 for those over 60. Special lunches are \$3.00 for those over 60.

- Our meals are ordered in advance. Because of this, the amount of food we have for any given day is based precisely on how many members sign up to eat. You must call or sign up for lunch in person by 11 a.m. the day before. For example, if you want to eat with us on a Wednesday, you have to be signed up by 11 a.m. on Tuesday.

- Your signature is REQUIRED in the City Fare sign in book located on Lori's desk. City Fare requires us to authenticate each meal provided to ensure accuracy of distribution.