
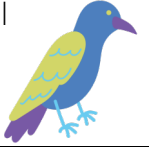




APRIL 2024 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Salmon Filet with Lemon Dill Sauce Baked Potato Cauliflower White Wheat Bread Pudding	2 Oven Fried Chicken Mashed Potatoes with Gravy Peas & Carrots Tropical Fruit 12 Grain Bread	3 Turkey with Gravy Baked Sweet Potato Nantucket Blend Vegetables Fresh Apple Dinner Roll Cranberry Sauce	4 Cheeseburger Lettuce & Tomato French Fries Diced Pears Minestrone Soup with Crackers	5 Chicken & Vegetable Stir Fry Brown Rice Pineapples Apple Bear Cookie
8 Swedish Meatballs over Egg Noodles Capri Blend Veggies 12 Grain Bread Tropical Fruit	9 Ham with Pineapple Sauce Mashed Potatoes Baby Carrots Croissant	10 Pot Roast with Gravy Baked Potato with Sour Cream Broccoli Applesauce Dinner Roll 	11 Baked White Fish Macaroni & Cheese Stewed Tomatoes Yogurt Orange Dinner Roll	12 Beef and Elbow Macaroni Green Beans Diced Peaches Dinner Roll 
15 Broccoli Stuffed Chicken Peas & Pearl Onions Carrots 12 Grain Bread Mixed Fruit	16 Chili with Mozzarella Cheese Baked Potato Broccoli Corn Muffin Orange 	17 (Special lunch) Meat Lasagna with Marinara Sauce Salad with Spinach, Craisins, Oranges Italian Ice Wheat Dinner Roll	18 Chicken Patty with Cheese & Pickles on Roll Seasoned Greens French Fries Fresh Apple	19 Pork with Gravy over Mashed Potatoes Green Beans Fruit Cocktail Twelve Grain Bread
22 Orange Chicken Brown Rice Succotash Fruit Cocktail Chocolate Chip Muffin Top	23 Spaghetti & Meatballs Mixed Salad with Cucumber & Tomato Applesauce Twelve Grain Bread	24 (Birthday lunch) Chicken & Dumplings Scandinavian Blend Veggies Diced Pears Yogurt	25 Ham & Swiss on Roll with Lettuce, Tomato & Onion Orange Cream of Broccoli Soup	26 Salisbury Steak with Gravy Baby Bakers Stewed Zucchini Mandarin Oranges Corn Muffin
29 Breaded Flounder Corn Baby Carrots Mixed Fruit Dinner Roll Tartar Sauce	30 Stuffed Pepper with Marinara Sauce Mashed Potatoes Cooked Apples 12 Grain Bread	1 BBQ Chicken Breast Baked Beans Green Beans Yogurt Corn Muffin 	2 Turkey & Swiss on Roll with Lettuce, Tomato, & Onion Diced Peaches Cream of Potato Soup with bacon	3 Beef Burgundy over Egg Noodles California Blend Vegetables Orange Dinner Roll

- Lunch is \$3.00 for those over 60. Special lunches are \$4.00 for those over 60.

- Our meals are ordered in advance. Because of this, the amount of food we have for any given day is based precisely on how many members sign up to eat. You must call or sign up for lunch in person by 11 a.m. the day before. For example, if you want to eat with us on a Wednesday, you have to be signed up by 11 a.m. on Tuesday.

- Your signature is REQUIRED in the City Fare sign in book located on Lori's desk. City Fare requires us to authenticate each meal provided to ensure accuracy of distribution.