

AUGUST 2024 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pot Roast in Au Jus Baked Potato Peas Split Top Dinner Roll Strawberry Waffle Cookie	2 Pesto Chicken & Pasta Stewed Tomatoes Zucchini & Summer Squash Diced Pears
5 Philly Cheesesteak with Provolone, Peppers, & Onions on a Roll Roasted Potatoes Pineapple Tidbits Goldfish Graham	6 Tuna Salad on a Croissant Lettuce & Tomato Cucumber Salad Chicken Noodle Soup Fruit Cocktail	7 BBQ Pulled Chicken Hamburger Bun Fiesta Corn Broccoli Applesauce Chocolate Pudding	8 Spaghetti & Meatballs Marinara Sauce Salad with Tomato & Cucumber Diced Pears Dinner Roll	9 Turkey with Gravy Sweet Potatoes Green Beans Whole Grain Bread Chocolate Chip Cookie Cranberry Sauce
12 Turkey Burger with Cheddar Cheese Hamburger Roll Lettuce & Tomato Tater Tots Cantaloupe	13 Chicken Meatballs with Teriyaki Sauce Pineapple Tidbits Broccoli Brown Rice	14 Ham & Cheddar on Club Roll with Lettuce, Tomato, & Onion Potato Salad Garden Vegetable Soup	15 Grilled Orange Chicken Breast Quinoa, Kale & Garbanzo Bean Salad Dinner Roll Fresh Plum	16 Meatloaf with Gravy Mashed Potatoes Spinach Dinner Roll Fresh Peach
19 BBQ Chicken Breast Potato Salad Baked Beans Diced Peaches Giant Goldfish Graham Cracker	20 Pizza Burger Sweet Potato Wedges Capri Blend Vegetables Fresh Apple	21 Breaded Fish with Tartar Sauce French Fries Peas & Carrots Watermelon Dinner Roll	22 Mango Glazed Whitefish Baby Potatoes Caribbean Blend Vegetables Dinner Roll Chocolate Pudding	23 Chicken Fajitas with Peppers, Onions, Shredded Cheese Lettuce & Tomato Tortilla Brown Rice & Beans Mixed Fruit
26 Beef and Broccoli with Teriyaki Sauce Brown Rice Carrots Mandarin Oranges	27 Chicken Salad 12 Grain Bread Beet Salad Italian Wedding Soup Cantaloupe	28 (birthday lunch) Lasagna Roll up with Meat Sauce Italian Blend Vegetables Applesauce Bread	29 Burrito Bowl with Chicken, Shredded Cheese, Diced Tomatoes Black Beans & Rice Tangerine	30 Pulled Pork Au Jus Mashed Potatoes Caribbean Blend Vegetables Apple Hawaiian Roll

- Lunch is \$3.00 for those over 60. Special lunches are \$4.00 for those over 60.

- Our meals are ordered in advance. Because of this, the amount of food we have for any given day is based precisely on how many members sign up to eat. You must call or sign up for lunch in person by 11 a.m. the day before. For example, if you want to eat with us on a Wednesday, you have to be signed up by 11 a.m. on Tuesday.

- Your signature is REQUIRED in the City Fare sign in book located on Lori's desk. City Fare requires us to authenticate each meal provided to ensure accuracy of distribution.