

NOVEMBER 2024 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Spaghetti & Meatballs Salad White Wheat Bread Diced pears
4 Crab Cake with Tartar Sauce Roasted Baby Potatoes Peas Corn Muffin	5 Lasagna Mixed Vegetables Applesauce 	6 Swedish Meatballs Green Beans Egg Noodles Mandarin Oranges	7 Shepard's Pie (Mashed Potatoes, Ground Beef, Peas & Carrots) 12 Grain Bread Baked Apples	8 Meat Lasagna Italian Blend Vegetables White Wheat Bread Applesauce
11 Ham with Scalloped Potatoes Green Beans Hawaiian Roll Cherry Cobbler	12 Chicken Fajitas with Peppers & Onions Black Beans & Rice Salsa Shredded Cheese Tortillas Mixed Fruit	13 Chicken & Dumplings Caribbean Vegetable Blend Baked Apples	14 Meatloaf Mashed Potatoes Spinach White Wheat Bread Fresh Orange	15 Stuffed Cabbage in Meat Sauce Baked Potato Hawaiian Roll Fresh Apple
18 Pesto Chicken with Pasta Zucchini Diced Peaches 12 Grain Bread	19 Turkey & Cheese with Lettuce & Tomato on Rye Cream of Tomato Soup Tangerine	20 Sausage with Peppers & Onions Sandwich Tater Tots Fresh Apple	21 Oven Fried Chicken Corn Seasoned Greens Split Top Roll	22 Stuffed Pepper Mashed Potatoes 12 Grain Bread Diced Pear
25 Pierogis with Caramelized Onions & Sour Cream Broccoli White Wheat Bread Mixed Fruit	26 Pot Roast with Gravy Mashed Potatoes Carrots Split Top Roll	27 Turkey with Gravy & Stuffing Cranberry Sauce Sweet Potatoes Green Beans with Almonds Pumpkin Pie	28 CLOSED FOR THANKSGIVING	29 CLOSED FOR THANKSGIVING

- **Happy Birthday!** Is your birthday in the above month? Do you and a guest want to attend our FREE birthday luncheon? Simply call (302-995-6728) and sign up by the Friday before!

- Lunch is \$3.00 for those over 60. Special lunches are \$4.00 for those over 60.

- Our meals are ordered in advance. Because of this, the amount of food we have for any given day is based precisely on how many members sign up to eat. You must call or sign up for lunch in person by 11 a.m. the day before. For example, if you want to eat with us on a Wednesday, you have to be signed up by 11 a.m. on Tuesday.

- Your signature is REQUIRED in the City Fare sign in book located on Lori's desk. City Fare requires us to authenticate each meal provided to ensure accuracy of distribution.