

MARCH 2025 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pesto Chicken with Penne Pasta Zucchini Diced Pears 12 Grain Bread	4 Chicken Gumbo Brown Rice Green Beans Tropical Fruit Salad Mardi Gras Cupcake	5 Oven Fried Chicken Corn Seasoned Greens Split Top Roll Diced Peaches	6 Pepper Steak & Broccoli Carrots Brown Rice Mandarin Oranges	7 Tuna Sandwich with Lettuce & Tomato Cream of Tomato Soup Tangerine
10 Philly Flat Bread with Peppers & Onions Marinara Sauce and Mozzarella Side Salad Applesauce	11 Dry Rub Bone In Chicken Wings Sweet Potato Fries Coleslaw Corn Muffin	12 Pot Roast with Gravy Mashed Potatoes Carrots Split Top Roll Strawberry Waffle Graham	13 Chili with Shredded Cheese Baked Potato Corn Muffin Baked Apples Sour Cream	14 Breaded Flounder with Tartar Sauce Stewed Tomatoes Mac and Cheese Applesauce
17 Ham with Cabbage Scalloped Potatoes Applesauce St. Patrick's Day Cookie	18 Spaghetti & Meatballs Salad w/ Tomatoes & Broccoli White Wheat Bread Fresh Pear	19 General Tso's Chicken Peppers & Onions Brown Rice Fresh Orange	20 Flounder with Mixed Vegetables	21 Pierogis with Onions & Sour Cream Broccoli White/Wheat Bread Fresh Plum
24 Lasagna Roll Up with Meat Sauce Italian Blend Vegetables Bread Applesauce	25 Shepard's Pie 12 Grain Bread Fresh Orange	26 Blush Sauce Chicken & Penne Pasta Broccoli Cantaloupe Split Top Roll	27 Swedish Meatballs Green Beans Egg Noodles Baked Apples	28 Crab Cake with Tartar Sauce Roasted Baby Bakers Peas Corn Muffin
31 TBD <i>We will update it when we have it!</i>				

- Lunch is \$3.00 for those over 60. Special lunches are \$4.00 for those over 60.

- Our meals are ordered in advance. Because of this, the amount of food we have for any given day is based precisely on how many members sign up to eat. You must call or sign up for lunch in person by 11 a.m. the day before. For example, if you want to eat with us on a Wednesday, you have to be signed up by 11 a.m. on Tuesday.

- Your signature is REQUIRED in the City Fare sign in book located on Lori's desk. City Fare requires us to authenticate each meal provided to ensure accuracy of distribution.